THE 5k

The Glens Falls Rotary
Community Wellness
5K Run/Walk - 2023

Course: Flat and fast - 3.2 miles

Saturday, April 22nd
Start Time: 9:30 AM
Check-In/Registration:
8:00 - 9:15 AM
The Student Center at
SUNY Adirondack

	Advanced Registration	Race Day Registration
ADULT	$27	$30
CHILD Ages 12 & Under	$17	$20

Scan to register or visit:
www.itsyourrace.com

Commemorative lightweight backpack
to the first 250 entrants

THIS YEAR'S BENEFICIARIES:

Adirondack Vets House, Inc.   **Tri-County Literacy**   **The Charles R. Wood Theater**

All team members must be individually registered by 8:30 AM Race Day. Team Captain is responsible for providing team member names by mail to race registration address, by email to 'Rachael Hunsinger' <r_hunsinger@hotmail.com> by April 20, 2023, or to the team registration desk by 8:45AM Race Day.

TEAM ENTRY FORM

FEMALE _____ MALE _____ MIXED (3F/2M) _____ MIXED (2F/3M) _____

TEAM NAME: _____ TEAM CAPTAIN: _____

DAYTIME PHONE: _____ EMAIL_____

NAME OF CORPORATION / ORGANIZATION : _____

1.)_____

2.)_____

3.)_____

4.)_____

5.)_____

The Rotary Club of Glens Falls - PO Box 2702 - Glens Falls, New York 12801
For more race information or further information contact Rachael Hunsinger-Patten at r_hunsinger@hotmail.com